



# RESUMÉ

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## **Personal Details**

|                  |                                  |
|------------------|----------------------------------|
| Location         | Johannesburg -South Africa       |
| Nationality      | South Africa (ID: 7807130180087) |
| Age              | 39                               |
| EE/AA Status     | Coloured Female                  |
| Driver's license | Code 8                           |
| Marital Status:  | Married                          |

## **Key skills, competencies and attitudes**

These skills, competencies and attitudes have played a tremendous role in my career successes thus far

Solution crafting for BBBEE compliance  
Leadership development  
Advanced professional communication  
Entrepreneurship  
Commitment to teams and goals  
Development of learning materials  
Professional public speaking

Strategy development  
Business Management  
Analysis and understanding of human systems  
Maximising personal growth opportunities  
Professional writing  
Problem solving  
Understanding and addressing others' needs

## **Employment History**

**Aug 2017 – Current**

**Abcon Group Foundation (AGF)**

*Independent director and Chairperson*

The AGF was established to develop, implement and facilitate transformation solutions for related entities in the property sector. My primary role is to guide the board in a strategic direction which culminates in effective skills transfer, learning and development, job creation, and supply chain improvements which directly address the group transformation objective. In a secondary capacity I advise the executive team in the development and implementation of operational processes and impact measurement procedures which ensure good governance and maximise the outputs of transformation projects.

**Aug 2015 – Current**

**Eragon Transformation Consulting (Pty) Ltd**

*Chief Executive*

Eragon is a small Johannesburg based business management consultancy. The business is focussed on providing consultative support and strategic advisory to small and medium sized NGO's and private companies, particularly those which are driven by a need to make a social as well as economic impact in terms of job creation and the empowerment of disadvantaged people.

As CEO my role is to provide strategic guidance, and direction to marketing and sales activities as well as establish key partnership relationships.

**OCT 2010 – AUGUST 2017**

**AFRIKA TIKKUN GROUP**

**Oct 2014 – AUGUST 2017**

**Afrika Tikkun Services (Pty) LTD (ATS)**

*HEAD: B-BBEE Consulting and Business Development*

ATS is a social enterprise that was established as the sustainability arm of Afrika Tikkun NPC. The main business of ATS is as a solutions-crafting consultancy within the framework of skills development.

- The company offers clients an end-to-end skills development solution through targeting under-resourced youth for training and job placement, including career readiness and learnerships
- The consultancy element of the business provides BBBEE consulting and crafting of skills development solutions.

My key roles at ATS include strategic transformation consulting including BBBEE, the generation of sales and new business and solutions crafting. In addition I was responsible for the tactical implementation of the Group Marketing Strategy, within the ATS environment. Although I have left the full time role, I have retained involvement as a consultant to the organization.

**Feb 2013 – Oct 2014**

**Afrika Tikkun Services (Pty) LTD**

***National Programmes Manager: Skills & Enterprise Development***

Core Responsibility 1: BBBEE consulting on the skills development and enterprise development elements. Development and implementation of 'skills development' and 'enterprise development' programmes for underprivileged matriculated youth in South African townships; to this end establishing partnerships with like-minded organizations, service providers and monitoring and evaluations consultants. These programmes were developed in alignment with clients BBBEE strategies and transformation goals.

Core Responsibility 2: Development of training material in the field of psychological development with the objective of reducing the coursework drop-out rate, improving the overall average scores, ensuring sustainable, quantifiable social change, eliminating 'self-sabotage' in traumatised young people.

Core Responsibility 3: Monitor and report on the status of relevant youth development projects. Embrace and facilitate a team of individuals who contribute to the implementation of skills and enterprise development programmes; develop vital systems and take necessary corrective action.

Secondary responsibilities: Ensure the collation of accurate statistical information for internal and external research and reporting. Ensure a seamless transition for students into job-seeking and ultimately into job placements.

**Oct 2010 – Jan 2013**

**Afrika Tikkun (NPO)**

***Programme Manager & Trauma Counsellor***

Core Responsibility 1: Provision of trauma and / or bereavement counselling services to in-excess of 100 members of staff at three Afrika Tikkun centres in Diepsloot, Alexandra and Orange Farm. Counselling takes place in both group settings and one-on-one.

Core Responsibility 2: Design and implementation of a training program with the goal of equipping under-educated and under-resourced staff with the emotional and cognitive tools to cope with the challenges they face in their capacities as care-workers. Topics for training have included Communication skills, Abortion - the facts, Assertiveness training, Grief loss and bereavement, and Addictions.

Core Responsibility 3: Development and implementation of a four module peer counselling training programme for support staff within the Afrika Tikkun community centres. Twelve staff attended the programme, of which modules included: Ethics, Counselling Methodologies, Counselling Administration and Counselling Practice with supervised practical. Substantial attention was paid to Limitation of Scope and the recognition of symptoms characteristic of Rape Trauma Syndrome, HIV /AIDS trauma and Post Traumatic Stress Disorder.

**Sep 2014 – Present**

**Exothermia Social Entrepreneurs (Pty) Ltd**

***Managing Director / Owner***

Formerly trading as a trauma counsellor under the banner, Phoenix Trauma Recovery, *Exothermia* is a social enterprise focused on the development and distribution of a series of books and workshops offering leadership coaching and empowerment for emerging leaders. Our products include a Personal Mastery Programme: "My Compass" which is distributed exclusively through Afrika Tikkun Services into the communities of Diepsloot, Orange Farm, Braamfontein,

Alexandra and Mfuleni. To Feb 2016 over 2000 youth have benefitted from this programme. The company also offers public speaking engagements on the topics of:

- “An Im|Possible © World - Enabling Social Transformation”
- “An Im|Possible © Life - Healing from Trauma”
- “An Im|Possible © Marriage - Diversity of Age, Race and Faith in Marriage”
- “An Im|Possible © Leadership – Achieving leadership through hardship”

**Mar 2003 - Mar 2008**                      **Slingshot Business Support Services cc**

*Owner / Main member*

Slingshot worked in conjunction with J. Rosen CA (SA) to provide small and medium sized businesses with sound financial and statutory guidance. My role included preparation of statutory compliance documents for SARS and the Department of Trade and Industry, tenders, market research, writing of business plans, company registrations and online amendments to statutory information. The Close corporation was sold in 2008.

**Apr 2002 - Mar 2003**                      **Sobuza Heath Enterprises (seconded by J Rosen CA SA)**

*Research and Marketing Associate (Part time)*

Core responsibilities included: Sourcing of sponsorship for proposed orphanages in Gauteng and Kwa-Zulu Natal; researched and drafted a business plan and proposals; provided insight into the psycho-social impacts of the proposed project; communication to SARS, the Department of Trade and Industry and the Department of Social Welfare. Unfortunately this project was terminated in its early stages, and the company deregistered.

**Apr 2002 - Feb 2003**                      **J Rosen C.A (S.A)**

*Personal Assistant and Portfolio Manager*

Core responsibilities included: Book keeping, diary management, travel arrangements, minutes, typing and filing, client liaison, communications to SARS and the Department of Trade and Industry, Communications to the Dept. of Social Development: NPO Directorate; portfolio manager (NON -PROFIT clients).

**JUNE 1995 – FEB 2002**                      **WOOL TRU GROUP**

**Oct 2001 - Feb 2002**                      **Truworths International (Identity Store)**

*Admin supervisor / Designate Manager*

I formed part of the launch team for a new store opening in Kollonade Mall in Pretoria. My core responsibilities included: banking, staff planning, merchandising, staff training, designate manager, filing and stock control.

**Apr 2000 - Oct 2001**                      **Truworths International**

*Buyers assistant (Truworths International)*

Core Responsibilities: Liaise with suppliers, prepare presentations, place orders, buyer's diary management, ensure timely delivery of samples, assist with fabric and colour selection and garment design, stock room maintenance and merchandising, accurate record keeping and accurate data capturing.

**Jun 1995 - Apr 2000**                      **Truworths International**

*Casual Admin / Sales Assistant*

Core Responsibilities: Stock merchandising, sales, filing, stockroom maintenance and merchandising, supervising and training of newer casual staff, store lockup, cash-ups and banking, casual wages, communication to distribution and buying departments.

### **Voluntary Work**

**April 2015 - May 2015**                      **New Beginnings Foundation**

*Volunteer Trauma Counsellor and Support Group facilitator*

Facilitated a series of eight Trauma Release group sessions for abused women within the New Beginnings Care Centre

**Feb 2012 – Feb 2013**

**Cotlands Baby Sanctuary**

*Volunteer Counsellor*

Core Responsibilities: To offer group and individual counselling to community – based outreach staff stationed at Turffontein and Soweto.

**Oct 2009 – April 2011**

**Children's Haematology and Oncology Clinics (CHOC)**

*Voluntary Caregiver*

Core Responsibilities: To initiate and participate in the non-medical care of in and out-patients from birth to the age of 16, and their parents by demonstrating active listening, showing empathy and understanding their support-based needs.

## **Education**

**Sept - Oct 2016**

**University of South Africa**

Management Development Programme: Broad Based Black Economic Empowerment, (NQF level 7)

**August 2016**

**Completed to week 8**

**University of Cape Town (Get Smarter / Penguin publishers)**

*Creative Writing: 10 week programme*

**September 2013**

**ETDP SETA**

*Conduct outcomes based assessment (NQF 5)*

**May 2012 – Oct 2012**

**University of South Africa**

*Logotherapy: meaning centred living (Cum Laude) (NQF) 5*

**Jan 2010 - Oct 2010**

**University of South Africa**

*Crisis Debriefing and Trauma Counselling (Cum Laude) (NQF 5)*  
*1 year Certificate*

**Feb 1996 – Oct 1999**

**University of South Africa**

*Bachelor of Arts Degree (Cum Laude) (NQF 7)*  
Major subjects: Psychology and Sociology

## **Workshops and Non-Formal Training**

**July 2015**

**TRE® Gauteng**

*Certification: Level 2 Trauma Release Practitioner (International Recognition)*

**October 2014**

**Afrika Tikkun Services**

*Internal Training hosted by Simanye Consulting*  
*The BBBEE codes of Good Practice: 3 days*

**20 July 2013**

**TRE® Gauteng**

*Certification: Level 1 Trauma Release Practitioner (International Recognition)*

- Sept 2012**                              **TRE® Gauteng**  
*3 day workshop: Somatic Trauma Release (15 CPD points)*
- 1 Sept 2010**                              **Lifeline, JHB**  
*1 day workshop: Abortion Counselling*
- 12/13/14 Oct 2010**                      **Hospice: Witwatersrand**  
*3 day workshop: Bereavement Counselling*

### ***Memberships and Associations***

- Feb 2017 - Present                      Association for B-BBEE Professionals (Associate member)
- March 2010 - Present                  Counsel for Counsellors Membership number CO 0991
- Sept 2012 – Present                  TRE Gauteng: Practitioner Member

### ***Media highlights (Links)***

- [Power FM: Youth skills development initiative](#)
- [Cliff Central: Youth Skills Development](#)
- [SABC Morning Live: June 2014](#)
- [Education Southern Africa Magazine](#)
- [Engineering News](#)
- [Afrika Tikun: The Impact of Trauma on Learning](#)